



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Morning	1	2	3	4	5	6	7
Afternoon							
Evening							
Morning	8	9	10	11	12	13	14
Afternoon							
Evening							
Morning	15	16	17	18	19	20	21
Afternoon							
Evening							
Morning	22	23	24	25	26	27	28
Afternoon							
Evening							
Morning	29	30					
Afternoon							
Evening							

JUNE
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tip of the month

Prompts
 stick key words, formulas or phrases
 around your house on post-it notes

